

# The Sevenfold Journey Reclaiming Mind Body And Spirit Through The Chakras

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#### **Other Works by Anodea Judith, PhD - Amazon S3**

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### **Selene Kumin Vega, - SpiritMoving**

The Sevenfold Journey: Reclaiming Mind, Body & Spirit through the Chakras (with Anodea Judith), Crossing Press 1993 translated into Dutch, Spanish, Portuguese, Italian and Hebrew Recovering from Eating Disorders (with Lydia Hanich) in The Observer, Monterey, CA, 3/28/91 Movement Magic in Circle Network News, 1984

### **Lion Goodman Creating on Purpose - Amazon Web Services**

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